



The Balancing Act: Resilience and the Wholehearted Interpreter

Sponsored by Regional Low Incidence Projects – Region 11

April 8, 2019 - Online registration deadline: April 3, 2019

**Metro ECSU Training Room,
2 Pine Tree Drive, Arden Hills MN 55112**

5:00 p.m. – 7:00 p.m. Check in @ 4:15

FEE: \$15 (includes light supper)

For: Minnesota K-12 Non Certified and Certified Educational Interpreters

Workshop description:

This interactive workshop is designed as an experiential and potentially transformational examination of wholeheartedness as it relates to interpreter effectiveness. We will look at the influence of professional stress conditions on interpreter well-being and explore what is at stake for individuals and for the interpreting profession. Participants will identify factors that build on, or degrade their unique sense of resilience.

Presenter:

Arlyn Anderson is a mental health interpreting consultant, compassion fatigue educator and internationally credentialed personal coach. Arlyn has dedicated her expertise and heart to individuals and projects benefiting the interpreting community, including RID Standard Practice Papers on Mental Health Interpreting and Video Remote Interpreting, and the NCIEC Mental Health Interpreting Domains and Competencies. Arlyn has taught Mental Health Interpreting at St. Catherine University and Metropolitan State University and through her individualized 16-week online program. She is the co-founder and facilitator of the long-running Peer Support and Consultation Project for Interpreters Working in Mental Health Settings (PSCPI), and she currently facilitates multiple groups focused on interpreter effectiveness and well-being. Arlyn is the author and lead mentor of the Whole Interpreter's Guide to Mental Health Interpreting. Arlyn received her MA in Human Development, from St. Mary's University, in Minneapolis, where she concentrated her studies on the intersection of clinical psychology, interpreting and interpreter and therapist wellness. Arlyn is the owner of Whole Interpreter Enterprises, LLC and ID Matters.biz

Register online at: <http://metroecsu.myquickreg.com/register/event/>

Immediate confirmation will arrive at the email address submitted. If a confirmation does not arrive, contact Gail Jankowski (below) to confirm the registration.

Registration Questions: Gail Jankowski | [click here to send Gail Jankowski an email message](#)

Program Questions: Dolly Carr | [click this to send Dolly Carr an email message](#)

This program is offered for 2.0 CEH TECUnit hours and .2 RID CEUS (pending approval)



Payment and Cancellation Information

Payment is required unless cancellation request is received at least two business days before the event. Fees must be paid within 30 days after the event date or an invoice will be issued with an additional \$10 service charge. In most cases, refunds will be given only if cancellation request is received two business days prior to the event. Send cancellation requests by email to the registration contact person.

This training is funded with a grant from MDE using federal funding, CFDA 84.027A, Special Education - Grants to States. This event does not necessarily represent the policy of the federal Department of Education or the state Department of Education. You should not assume endorsement by the federal or state government.